

SAULT COLLEGE OF APPLIED ARTS & TECHNOLOGY
SAULT STE. MARIE, ONTARIO

COURSE OUTLINE

COURSE TITLE: **PSYCHOLOGY OF ART II**

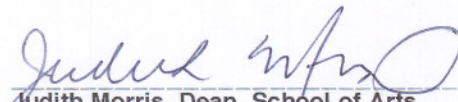
CODE NO.: **FA 178-4** SEMESTER: **4**

PROGRAM: **FINE ARTS DIPLOMA PROGRAM**

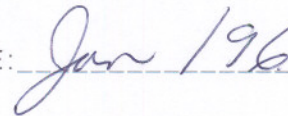
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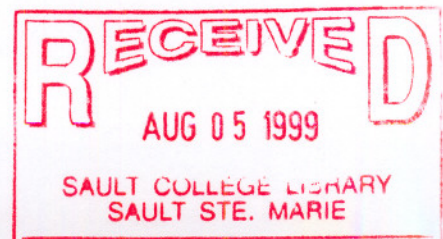
DATE: **JANUARY 1996** PREVIOUS OUTLINE DATED:

APPROVED:


Judith Morris, Dean, School of Arts
and General Education

DATE:





COURSE NAME: PSYCHOLOGY OF ART II
TOTAL CREDIT HOURS: 45 hours over 15 weeks

DESCRIPTION: Participants will be invited to work hands-on in a multi-media environment, examining the development of their own visual language in relation to current theories in art therapy. Topics to be discussed include the role of the visual arts in facilitating self expression, compare/contrast the art of establishment artists and those labeled makers of 'l'art brut', Jungian psychoanalytic theory as pertaining to dreams, archetypes, and active imagination. Instruction will include clinical case presentations, lecture, open workshops and group discussion. At the end of the course, participants will be invited to present a brief seminar with an essay.

PHILOSOPHY/GOALS: At the completion of this course, students will have acquired a basic knowledge of art therapy methodologies, will have focused on their own creative process and will have come to some understanding as to the meaning of art making in terms of a personal communication. The inclusion of art therapy exercises in this course will encourage students to work in-studio on a body of work which will reflect an understanding of one's own creative processes and how these processes may be examined in terms of the therapeutic frame.

This course is an introduction to art therapy focusing upon the clinical framing of the creative process and its role in fostering good mental health. It should be considered a basic level course, a follow-up course of study to PSYCHOLOGY OF ART I.

CONTENT:

- 1) each class will commence with an exploration of a specific theme relevant to art therapy, presented through lecture, slide presentations and/or an art therapy exercise;
- 2) the art therapy exercises will illustrate the inherent power of the creative process in terms of the therapeutic frame--participants will be invited to approach the exercises from an educational point of view and not to use the course as personal therapy;
- 3) course participants will be expected to keep a journal (which is not to be read by the instructor), for personal reflection in relation to their ongoing experiences in the art therapy exercises;
- 4) course participants will be required to give a brief presentation (20 min.) on their understanding of their own art-making processes as reflected in the production of a self portrait. Each participant will be required to present a visual work as well as a brief essay (3-5 pages, double spaced).

INSTRUCTIONAL METHODS: There will be 15 three hour class sessions in total. Twelve sessions will focus on group exercises in art therapy--all hands-on. They will be supplemented by clinical case presentations on 2 separate occasions, the final class will be set aside for student presentations. A limited amount of supplies will be made available for in-class art therapy exercises.

METHOD OF ASSESSMENT:

1) A minimum 80% attendance (13 classes) is mandatory	10%
2) maintaining of a studio journal	15%
3) presentation with brief essay/statement	40%
4) weekly participation in art therapy exercises	35%

	100%

GRADING SCHEME:

A+	Consistently outstanding	(90%-100%)
A	Outstanding achievement	(80%-90%)
B	Consistently above average achievement	(70%-80%)
C	Acceptable achievement	(60%-70%)
R	Repeat - The student has not met the objectives of the course and the course must be repeated.	
X	A temporary grade, limited to situations with extenuating circumstances, giving a student additional time to complete course requirements.	

SUPPLIES AND TEXTBOOK: A limited number of supplies will be made available to participants for use in the art therapy exercises. All other supplies are the responsibility of the participant. Required reading for the course is Harriet Wadeson's Art Psychotherapy (1980), New York: John Wiley & Sons (available in the College Bookstore).

ADDITIONAL RESOURCES: The following books may be of interest to participants as Technique, Tavistock/Routledge rptd (\$21.50)

Robbins, A. (1986). The Artist as Therapist. New York: Human Sciences Press (\$27.25)

SPECIAL NOTES: All students should be aware of the Special Needs Office in the college. Students with identified special needs are encouraged to discuss required accommodations confidentially with the professor. It is the responsibility of students who require accommodations to contact the Special Needs Office. All students and their tutors are required to meet with the professor before tutoring begins and as needed throughout the semester to enhance the learning process and student success.